

Introduction to Personal Safety for Lone Workers

IIRSM & IOSH Approved

Course Description

Every day, thousands of people are exposed to situations where they are left alone in work premises, when visiting members of the public during their working day, or working from home.

There are many risks associated with working in isolation, without the support of colleagues. These risks can include accidents and violence.

This course acts as an introduction to personal safety for lone workers and applies to those that work alone within business premises, mobile workers and homeworkers.

It covers the legal responsibilities of both employers and employees, some of the common security precautions that can be implemented, practical steps you can take to avoid conflict in lone worker situations and other elements that can contribute to lone worker safety.

Learning Objectives

By the end of this course, you will be able to:

Identify the definition of a lone worker

Demonstrate understanding of risk factors to lone workers, and identify methods of reducing risk

Recognise the key components of relevant legislation including the responsibilities of employees and employers as defined by the Health and Safety at Work Act and associated regulations.

Define dynamic risk assessments and understand multi-agency collaboration and issues associated with attending remote locations, including travel.

State where to go for additional training and guidance provided by both internal and external agencies.

Target Audience

This course is aimed at anyone who works alone or manages people that work alone.

Advantages

IIRSM approval means that this course meets the rigorous standards of this leading industry body.

Online training is flexible, efficient and cost-effective, so candidates can progress through the modules at their own pace, in their own time, making it easy to fit the training around their work and personal life.

Further Progression

Courses that would complement this one would be:

Display Screen Equipment for anyone who works from home.

Conflict Resolution for anyone who may find themselves in a conflict situation or that has to work with difficult people as part of their job.

Sales Skills for those people working in a sales role.

Course	Module Number	Module Name	Pass % Required
Introduction to Personal Safety for Lone Workers	1	Lone Worker Personal Safety: The Basics	70
Introduction to Personal Safety for Lone Workers	2	The Law: Responsibilities	70
Introduction to Personal Safety for Lone Workers	3	Assessing the Risks	70
Introduction to Personal Safety for Lone Workers	4	Personal Safety Solutions	70
Introduction to Personal Safety for Lone Workers	5	Practical Tips to Avoid Conflict	70
Introduction to Personal Safety for Lone Workers	6	Reporting and Recording Incidents	70
Introduction to Personal Safety for Lone Workers	7	Final Test	70

Recommended System Requirements

- Browser: Up to date web browser
- Video: Up to date video drivers
- Memory: 1Gb+ RAM
- Download Speed: Broadband (3Mb+)

Duration: 45 minutes *(Note: This is based on the amount of video content shown and is rounded off. It does not account in any way for loading time or thinking time on the questions).*